

My name is John I am 32 years old and I have been diagnosed with level IV advanced thyroid cancer. I have had a thyroidectomy, where they cut out my thyroid and all my lymph nodes on the right side of my neck, plus two doses of radiation. With almost no improvement at all. My oncologist wants me to do another operation where they want to take the rest of my lymph nodes out of my neck (leaving my body defenseless against diseases) and more radiation.

During all this I have been doing my own research about cancer. What I found is in order to help cure cancer it has to be done naturally. Through a healthy high alkaline diet, exercise, increasing oxygen in your body with high antioxidant foods, minimize stress and most importantly you need a very strong immune system to help you fight off these diseases.

Now in my case I had a major problem, I was allergic to almost all fruit and vegies. Which I believe that played a big part of my health problems. When I was five I had an allergy test done, In roughly 60 allergy test including fruit, vegies, nuts, dust, wet grass etc., I was allergic to 58 of them. The doctors told my mum that they couldn't do anything for me and try again in the future. Over the past year I have seen dietitians, nutritionists and allergy specialists. They all told me that they couldn't help me. I done the allergy test in February this year again and still the same reults.

So my problem is how do I get better without the fruit and vegies my body needs. So my good friend told me about Dr Chen. I have been seeing him now for 7 months. Two weeks ago I decided to go buy all the fruit, vegies and nuts that I had a severe allergic reaction to and thought I have to try this again. And to my and my family's surprise I was able to eat everything but peas. In saying that I am able to reach my goal to healthy living. I extremely happy, being able to finally eat these nutritional and very tasty foods.

So my next visit to Dr Chen, I told him the great news. He told me its because of his treatment where my immune system is stronger I now am able to eat these foods. Before when my immune system was real poor my body was rejecting these foods and that's why I had the allergic reaction to these foods.

My fight for cancer still goes on, but I believe now I have better ammunition to fight the cancer with.

Thank you.

A handwritten signature in black ink, appearing to be the name 'John' written in a cursive style.